

# WILSON JONES

Simply Fresh

Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, a selection of salads and fresh fruit.

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1 Commencing

28<sup>th</sup> October  
18<sup>th</sup> November  
9<sup>th</sup> December  
13<sup>th</sup> January  
3<sup>rd</sup> February  
2<sup>nd</sup> March  
23<sup>rd</sup> March

Beef Pasta Bolognese

Macaroni Cheese

Garlic Bread  
Sweetcorn  
Broccoli

Apple & Cinnamon Crumble  
with Custard

Chicken & Sweetcorn Pizza

Cheese & Tomato Pizza

Potato Wedges  
Baked Beans  
Coleslaw

Banana & Sultana Flapjack

Roast Chicken, Yorkshire  
Pudding & Gravy

Broccoli & Cauliflower  
Cheese Bake

Homemade Roast Potatoes  
Sweetcorn  
Roasted Root Vegetables

Toffee Cake & Custard

Pork Sausages & Gravy

Vegetarian Sausages & Gravy

Mashed Potatoes  
Green Beans  
Carrots

Tropical Fruit Jelly

Crispy Baked Fish Fingers

Crunchy Vegetable Fingers

Chips  
Garden Peas  
Baked Beans

Chocolate Sponge  
& Chocolate Custard

### WEEK 2 Commencing

4<sup>th</sup> November  
25<sup>th</sup> November  
16<sup>th</sup> December  
20<sup>th</sup> January  
10<sup>th</sup> February  
9<sup>th</sup> March  
30<sup>th</sup> March

Chicken & Lentil Curry

Vegetable Korma

Pilau Rice  
Cauliflower  
Peas

Lemon Drizzle Sponge  
& Custard

Beef Burger in a Bun

Quorn Sausage Hot Dog

Potato Wedges  
Baked Beans  
Broccoli

Iced Fruit Sponge

Roast Pork, Yorkshire Pudding  
& Gravy

Winter Vegetable Wellington

Homemade Roast Potatoes  
Carrots  
Green Beans

Peach Crumble & Custard

Mild Beef Chilli Con Carne

Roasted Vegetable  
& Bean Chilli

Rice  
Sweetcorn  
Broccoli

Chocolate Brownie  
with Orange Wedges

Battered Fish Portions  
or Salmon Fish Fingers

Roasted Vegetable Bake

Chips  
Garden Peas  
Baked Beans

Mandarin Jelly

### WEEK 3 Commencing

11<sup>th</sup> November  
2<sup>nd</sup> December  
6<sup>th</sup> January  
27<sup>th</sup> January  
24<sup>th</sup> February  
16<sup>th</sup> March

Chinese Chicken Noodles

Sweet & Sour Quorn Stir Fry  
& Rice

Broccoli  
Carrots

Yummy Fruity Flapjack

Chicken Wrap

Vegetable Enchilada

Potato Wedges  
Coleslaw  
Garden Peas

Very Berry Jelly

Roast Beef, Yorkshire Pudding  
& Gravy

Wholemeal Cheddar Cheese  
& Tomato Quiche

Homemade Roast Potatoes  
Glazed Parsnips  
Broccoli

Chocolate Orange Sponge  
with Custard

Classic Shepherd's Pie

Vegetarian Cottage Pie

Sweetcorn  
Carrot Batons

Eves Apple Pudding  
& Vanilla Cream

Crispy Baked Fish Fingers

Cheese & Onion Puff

Chips  
Garden Peas  
Baked Beans

Chocolate Krispie



If you have any questions or queries, please give us a call at 0208 090 1275  
Alternatively you can email us at [info@wjccatering.co.uk](mailto:info@wjccatering.co.uk)